

## **Instructions for Using Individual Attractions**

### **1. Dragon Bouncy Castle Zone**

The Dragon Maze is an attraction that allows children to have fun typical of inflatable castles. The entrance to the maze is located in the soft mouth of the Fałęcki Dragon. The maze consists of soft, inflatable elements arranged in obstacle platforms. The exit from the zone is via a slide. Children must navigate through the dragon's mouth on their own. Adults may become stuck without the possibility of returning.

#### **Purpose of the Zone:**

This zone is designed for younger children to play. Overcoming platforms, slides, and soft obstacles helps develop spatial awareness and overall motor skills in young children.

#### **Dragon Tip for Parents:**

Only children are allowed to enter the Dragon Maze. It is a place meant for independent play, but due to the natural need for movement, children typically prefer dynamic play, so it's important to monitor their fatigue level.

The Monkey Grove is a place where groups of children meet under the supervision of parents. If the children have not been in crowded environments or participated in group activities before, maintaining contact with the child is recommended.

### **1. Trampoline Zone**

The large trampoline structure is designed for group acrobatics, PE lessons, and recreational sports training. The set includes flat trampolines, paths, and an angled trampoline, all protected by certified safety materials. A rest area in the form of a box provides a suitable place for clients to rest and offers a good observation spot for trainers and supervisors. The trampoline path is intended for combining acrobatic elements into routines. The long trampoline complements the main trampoline area and is often used for training exercises typical for physical education lessons. The zone also features an angled trampoline, which allows for dynamic training of snowboarding, skateboarding techniques, and tricks.

#### **Purpose of the Zone:**

The zone is designed for active play, physical animation, and group activities with a trainer. Older children should use this area under the supervision of an adult, after being familiarized with the correct body positioning while jumping. Using trampolines provides great satisfaction, and besides

burning calories, it strengthens deep muscles, the vestibular system, and improves body coordination during dynamic movement.

### **Dragon Tip for Parents:**

Parents, the trampoline zone is intended for jumping. Pay special attention to children who are taking a break from jumping to ensure they do not rest on the trampolines. There is a designated area for resting, which is the box. According to the rules and general safety guidelines, each trampoline is for one jumper. Jumping on a trampoline next to a child or another person poses a risk of injury. If you plan to assist a child while jumping, stay on the safety mat or platform.

For first-time users of the trampolines in this zone, it is recommended to consult with the instructors in the play area about the proper body positioning while jumping. The trampoline zone is recreational equipment, and it should be used with the appropriate preparation to ensure safety.

### **1. AirBag Zone with Tower**

This zone consists of a certified AirBag cushion placed in front of a low jump tower, facing the AirBag cushion. The area is designed for acrobatic training with an emphasis on directing jumps. The AirBag is placed in a way that allows users to exit the cushion in two directions after jumping. The towers are equipped with barriers and an entrance staircase. The zone also includes a resting area where children can line up, which increases the overall safety of the zone. This attraction provides a fun alternative to high towers typically seen in trampoline parks for adults.

### **Purpose of the Zone:**

The zone is designed for children who are often too small to use similar areas in trampoline parks. The tower's size has been adapted to suit children, but it is also a space that, during group activities or workshops, helps teach children basic acrobatic skills and habits for proper body positioning when falling from a height.

### **Dragon Tip for Parents:**

Parents, in the AirBag zone, ensure that the cushion is free before your child jumps. Only one person can jump from the tower at a time, and the next jumper can only go after the previous user has exited the cushion.

Jump onto the cushion with proper body positioning. As per the rules, jumping headfirst or performing acrobatics is prohibited. The play area staff will

provide the necessary instructions on how to position the child for safe use of the tower.

### **1. Interactive Points Duo Zone**

This zone consists of two stations mounted on a wall equipped with interactive electronics. Each station is assigned five interactive points. The attraction offers a challenge not only for children and parents but also for athletes. The combination of various games for one or multiple players allows for exciting competition. There are different sound settings and options to calibrate the intensity and duration of the game.

#### **Purpose of the Zone:**

This zone is designed for safe competition that requires focus, quick movements, and fast reactions. It is an excellent place to train reflexes and physical conditioning.

#### **Dragon Tip for Parents:**

Parents, the Interactive Points zone features games that vary in difficulty. If you're playing reflex games with your child for the first time, choose the basic version of collecting points within a time limit. It's the simplest game and doesn't require understanding the more complex rules associated with harder variants.

### **1. Airtrack Sports Zone**

This zone is designed for both static and dynamic warm-ups. It is a place where one can start their adventure in the play area after properly warming up their body for physical activities or training in a chosen discipline. The zone is used for group activities for children, teenagers, and adults and is equipped with professional airtrack equipment, sports mats, and training shapes.

#### **Purpose of the Zone:**

The sports zone serves as a gathering point for groups entering the play area. After completing the warm-up, children and parents can move on to other attractions available in the play area. It is also a place intended for group activities such as acrobatics, yoga, and many other options organized by trainers and instructors leading these sessions.

#### **Dragon Tip for Parents:**

Parents, if you haven't signed your child up for group activities but would like to use the zone during free play to have fun with your child or conduct physical exercises, consult with the instructor before using the equipment in this zone.

After playing with your child, the equipment should be returned to its designated spot so it does not obstruct other customers from using the sports zone or other attractions.

In the play area, the use of sports equipment is allowed for simple training elements. Acrobatics or activities that might be dangerous for your child or others should be discussed with staff. Professional use of equipment for complex exercises is available through group sessions led by an instructor.

### **1. Children's Monkey Grove Zone**

A multi-level play area for younger children, popular in playrooms and amusement parks. This attraction is particularly popular among younger users, and the combination of monkey grove platforms with slides and a ball pit provides children with space to play, not only in groups but also individually. The zone is secured on all sides with nets and soft padding, ensuring a safe environment for younger children to engage in active entertainment.

#### **Purpose of the Zone:**

This zone is designed for younger children to play in. Navigating platforms, slides, and soft obstacles helps develop spatial orientation and general motor skills in young children.

#### **Dragon Tip for Parents:**

Only children are allowed in the Monkey Grove. It's a space for independent play, but due to their natural need for movement, children often prefer dynamic play. It's important to pay attention to their fatigue levels.

The Monkey Grove is a place where entire groups of children gather under the supervision of parents. If your child is not familiar with crowds or group play, it's advisable to keep close contact with them.

### **1. Airfield Sports Field Zone**

A sports field with an original sports mat that allows for team matches in modern forms of sport, using a soft, rebound air floor. The area is ideal for playing soccer matches, training, and acrobatics. It is also often used for organizing birthday parties, events, or movement animations.

#### **Purpose of the Zone:**

This zone is designed for school activities during PE lessons, as well as group sessions for acrobatics, soccer, or handball, and for casual physical recreation. Children often use the rebound mat to jump around in various directions, having fun.

#### **Dragon Tip for Parents:**

Parents, when joining others already using the zone, make sure there is space available for play. There might be balls used for soccer games, so evaluate

if the space is safe for your child and others to avoid any potential collisions or accidental hits with the ball.

The field is also a space for various training disciplines. If you plan to use it for acrobatic training, it's recommended to consult with the instructors working at the facility. The playroom staff will be happy to provide guidance on how to safely use the sports equipment.

### **1. Zip Line Zone**

A professional zip line installed in a pool filled with soft mattress padding. The descent is designed so that the starting platform height gradually slopes downwards along the descent direction. This ensures that children remain at a safe height relative to the soft surface below. The zip line is suitable for both children and adults.

#### **Purpose of the Zone:**

This zone is designed for zip line descents. There is no automatic seat-lifting system in this zone due to safety concerns for the youngest children. The seat must be manually moved to the starting platform, which helps prevent dangerous situations where a child has not yet exited the descent area, and another person might already be descending, increasing the risk of a collision.

#### **Dragon Tip for Parents:**

Parents, children should hold the rope with both hands and avoid leaning backward or sideways. The area is secured with soft mats, which reduces the likelihood of injury, but this equipment should still be used according to safety guidelines.

Dear parent, before attempting to overcome obstacles, assess your child's ability when trying to pass through them. This obstacle course provides satisfaction after overcoming it, but children should be supported during their first attempts. If you need assistance or guidance, ask the staff for instructions.

## **10. Ninja OCR Obstacle Courses Zone**

This zone features various OCR tracks that combine suspended obstacles. Elements can be tackled in sequence or trained individually. The courses are designed for older children, teens, and adults, but younger children can also participate with the proper supervision of a parent.

#### **Purpose of the Zone:**

Strengthening strength and fitness through play that mimics the feats of the popular Ninja Warrior courses. Children can try their hand at a course adapted for the conditions of the playroom.

### **Dragon Tip for Parents:**

Dear parent, if you decide to assist your child in overcoming the course, remember to provide support. This obstacle course is for older children. Assess whether your child is ready for this effort and be ready to help and support them as needed.

Remember, dear parent, that each obstacle should be tackled individually. If you decide to lift your child to tackle suspended obstacles, don't leave them unsupported and ensure you provide continuous supervision.

When using elements that require a strong grip, remind your child to clasp their hands with their thumb facing towards the other fingers. This "monkey grip" helps children develop correct habits and is safer than an open grip, especially on gymnastic rings, ropes, or straps.

## **11. OCR Balance Beam and Gladiator Zone**

The balance beam zone is placed before the Ninja zone, allowing the two areas to be combined into one obstacle course. Both the balance beam and the entire zone have been secured with soft elements to enhance safety when using the attractions. This section serves as one of the obstacles when completing the full OCR course, or as a standalone station for practicing balance and elements of acrobatics and corrective gymnastics. The zone has also been prepared for Gladiator combat competitions, where participants attempt to knock their opponent off the balance beam using soft rollers. This form of entertainment is intended for older children, teens, and adults.

### **Purpose of the Zone:**

Training in balance, focus, and acrobatics or gymnastics. Children who overcome attractions requiring body balance also develop spatial orientation.

Gladiator combat, which involves pushing opponents off the balance beam using soft rollers, is a dynamic training activity for balance and concentration.

### **Dragon Tip for Parents:**

Dear parent, when combining the balance beam with the suspended obstacle course, it's safest to use the attractions individually. It's recommended to provide support for younger children, especially if they are using the equipment for the first time or have not been exposed to activities requiring body balance.

For Gladiator combat, assess whether the children can compete in a safe manner. It's best to pair children of similar age and with well-developed

body balance that allows them to maintain balance with the raised roller (pusher).

## **12. NEO Interactive Wall Zone**

A modern form of entertainment in the form of an interactive wall, on which a game is projected involving the use of soft balls. The zone is separated from the rest of the playroom to ensure that the dynamic game does not interfere with other attractions. The NEO zone sets new trends in interactive movement gaming for children, teens, and adults. Players engage in interactive games by throwing balls at designated points on the screen, though children can also approach and hit the balls without throwing them. There are different games available, along with varying levels of difficulty, allowing the gameplay to be tailored to the preferences of both children and parents. The attractive graphic and sound effects guarantee an unforgettable experience.

### **Purpose of the Zone:**

The zone is designed for modern physical entertainment. In addition to practicing ball-throwing accuracy, players move around the designated area, which enhances overall body coordination and conditioning. The zone also teaches teamwork.

### **Dragon Tip for Parents:**

Dear parent, if younger children do not have the strength to throw the soft balls, they can approach the screen and play by hitting the balls at the designated points. However, ensure that players throwing balls from a greater distance do not accidentally hit children standing closer to the screen.

The soft, lightweight balls are part of the attraction located in a separate zone and should remain there. Children should place the balls back in front of the screen after finishing the game.

Before a child joins an ongoing game, assess whether there is enough space in the zone for a comfortable game. This is especially important when entering the zone with smaller children to avoid collisions with players who are already focused on the game and may not notice a new participant.